

FUNDAMENTAL BELIEFS

- ◆ God our Creator.
- ◆ Jesus Christ our Saviour.
- ◆ The Holy Spirit our Comforter.
- ◆ The regeneration and the new birth through the acceptance of God.
- ◆ The Bible – the inspired Word of God – our Guide.
- ◆ The literal, personal, and imminent return of Christ.
- ◆ The Ten Commandments and the example of Jesus as our standard of conduct.
- ◆ The seventh day of the week as God's Sabbath, from sunset Friday until sunset Saturday.
- ◆ The gifts of the Holy Spirit to the Church.
- ◆ Healthful living, remembering that our bodies are the temples of the Holy Ghost.
- ◆ The mortality of man and resurrection of the saved to eternal life at Christ's return.
- ◆ The ultimate final destruction of sin and the wicked.
- ◆ Baptism by immersion.
- ◆ Observing the ordinance of Humility and the Lord's supper.
- ◆ The return of one-tenth of our income to the Lord.
- ◆ Support of the Gospel by willing missionary service and gifts as the Lord prospers us.
- ◆ Avoiding worldliness in our deportment, recreation, attire, conversation and social relationship.
- ◆ Justification by faith through Jesus.

Do you know or meet people who ask questions about our faith? Would they be willing to have somebody from our church visit them to discuss these questions? If they do, please give their names, telephone numbers and residential address to the **INTEREST COORDINATOR, Sr Victoria Mweemba Cell - +260-977-476034**

If you know of someone who's ill, someone who wishes to enquire into Adventist beliefs & practices, wishes to join the baptism class, have a useful suggestion, PLEASE LET THE ELDERS KNOW. If you desire to transfer membership, CONTACT THE CLERKS, or in the space below, sign, detach and place in the offering basket.

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Address: _____

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OPPOSITE KITWE CENTRAL HOSPITAL MAIN ENTRANCE



FREEDOM PARK CHURCH BULLETIN

THEME:

"...ALL THE WORDS WHICH THE LORD HATH SAID, WE WILL DO."

Exodus 24:1-3

QUARTER 1 SUB-THEME

"I am my brother's keeper" - Gen 4:9

TODAY: SABBATH No. 10
05/03/2016

CHURCH BUILDING DAY

THEME:

THE LAST MILE-WHERE ARE YOU?

SABBATH SCHOOL PROGRAMME: 09:00 HOURS

	TODAY	NEXT SABBATH
SUPERINTENDENT	Sr. P. Ngandu	Sr. R. Mokola
BIBLE READING/ PRAYER	Elder Sikazwe	TBA
THEME EMPHASIS	Elder M. Kakoma	TBA
HEALTH TALK	Sr. E. Muulu	TBA
MISSION STORY	Sr. S. Luhana	TBA
SINGING GROUP	Gospel Caravan	One Harmony
CHORISTER	Sr. M. Hachinzobolo	Br. Manyepa

MAIN SERVICE PROGRAMME: 11:00 HOURS

ELDER ON DUTY	Elder L. Muwowo	Elder S. Twumasi
PREACHER	Elder M. Kasanda	Elder M. Kyonzwela
INTERPRETER	Br. Mukoto	Elder E. Mwelwa
SERMON TITLE	“Even Empty Vessels”	TBA
KEY TEXTS	2 Kings 4 vs 3	TBA
OPENING HYMN	SDA hymnal 524	TBA
OPENING PRAYER	Br. K. Nalishuwa	Br. T. Kalutwa
SINGING GROUP	Testify	Divine Touch
CHORISTER	Sr. M. Hachinzobolo	Br. Manyepa
DEACONS	Br. A. Mokola & H. Chinyama	Br. K. Nalishuwa Br. J. Chikumbe
DEACONESES	Sr. Muyembe, Sr. Namiluko & Sr. Chikumbe	Sr. Liyungu, Sr. Sinkamba & Sr. Simuwe

AFTERNOON PROGRAMME FROM 14:00 TO 17:00 HRS

Church Building Programme: The last Mile, Where are you?

MEETINGS

· NEXT CHURCH BOARD: 27 March 2016
· NEXT BUSINESS MEETING: 13 March 2016
· NEXT DISTRICT COUNCIL: 3 April 2016

ANNOUNCEMENTS

1. There will be entrepreneurship training at Freedom Park on Sunday 6 March 2016, starting at 08:30 hours. All youths must attend. Others interested are also invited
2. Youth week of prayer begins on Sunday 13. March 2016. All are requested to attend
3. Sabbath School Guest day will take place on 26 March 2016. Plan to invite someone on that day
4. Holy Communion will take place on 12/03/2016. We request all members to prepare for the occasion
5. Elder Siantale's niece was bitten by a snake during the week in Kapiri. She is currently admitted to Kitwe Central Hospital, Kafue ward bed 39
6. Sr. Pola-Smith lost her Aunt in South Africa and she has since travelled to Lusaka for the funeral.
7. We are all requested to contribute towards construction of the district pastor's house. The house has now been roofed and we need to fit the inside materials and erect boundary wall
8. Pathfinder Camporee will take place in Musofu from 10-16 April 2016. Registration fee is K50 and should be paid by 15 March 2015.
9. Between now and June 30, we are all urged to contribute a minimum of K200 to erect steel structures for the main arena for this year's camp meeting.
10. Vacation Bible School will be held in August 2016. Fee is K100 per participant. Deadline for payment is April 2016.

REGULAR REMINDERS

1. **DAILY SCRIPTURAL READING.** Today's reading is 1 Samuel 2. Tomorrow 1 Samuel 3 and so on.....please join the reading journey today.
2. All first Sabbaths in a new quarter are dedicated to prayers and fasting. To this end, the next such day will be 2nd April, 2016.
3. Parents should sit with their children during main service & accompany them when going to the toilets.
4. Members should not take benches/chairs out of church building during Sabbath School Classes. All chairs gotten during lunch and departmental meetings should be brought back.
5. Cellphones should be switched off during church service
6. The FPC Bulletin can now be accessed on Church website displayed on the front page of the bulletin. **Please take note that only emergency announcements will be received on Sabbath. Send all your announcements to admin@freedomparksa.org; jolezyams@gmail.com or send SMS to +260-968-682951 or +260-969-632602**
7. All worshippers to remain seated after the Main Service until ushered out by the Deacons
8. Articles/Testimonies are invited from all members for inclusion in the Church Newsletter. All those with articles to see either Eld Namiluko or Sr. Sinkamba.
9. Remember to collect your tithe envelopes from the treasurers. Please indicate details such as your SS class, and cell number for easy location
10. All visitors to fill in visitors cards distributed during main service and put them in the offering basket. Visitors are also requested to remain behind for 5 minutes after the main service to meet the Interest Coordinator and the Elder on duty.
11. All are encouraged to borrow church books from Publishing Department for studying. Those interested to see The Publishing Team or Elders.

CHURCH BUILDING CORNER

If you made a Pledge in 2015, you are reminded to fulfil it. Remember the pledge is to the Lord and not to the church

STEWARDSHIP CORNER

Offering: Outreach/Church Budget

1 Kings 3:12, 13: “I will do what you have asked. I will give you a wise and discerning heart, so that there will never have been anyone like you, nor will there ever be. Moreover, I will give you what you have not asked for—both wealth and honor—so that in your lifetime you will have no equal among kings.”
What a promise given to Solomon! We would all like to receive such a promise, wouldn't we? To have wisdom, riches, and honor—what else could one wish for? But not every one of us experiences such a promise given.
Some of us may be rich, some poor. Some of us may have honor among the people with whom we mix, but some of us may not. There are, however, parts of this verse that apply to all of us. There has never been anyone like you, nor will there ever be. Each one is special, different, and extremely valuable in God's kingdom. Ask yourself what God has done that you have asked for? What has God given you that you have not asked for? What are the blessings that you have experienced?
Appeal: Be aware of God's blessings. Be grateful.
Prayer: Thank you, God, for Your many blessings. Thank You for answering our prayers and giving us more than we have asked for.

HEALTH CORNER

The Healing Powers of the Aloe Vera Plant

Every household should have an Aloe plant on hand for use on cuts, burns or sunburns. If you choose to grow your own aloe at home to soothe minor burns and wounds simply break off a piece of the Aloe leaf and squeeze the gel onto the injury. Use the older or lower leaves of the Aloe plant first, they contain more gel. The gel will quickly dry into a natural bandage protecting the wound. Meanwhile the gels capillary-dilating properties will increase the blood circulation, thereby reducing the healing time. The gel also works well as a topical treatment on shingles providing immediate relief when combined with vitamin E. However, if you want beautiful skin it is best to use the fresh gel from the plant and not the preserved form you find in commercial products. Through processing a lot of the chemical compounds are lost. Aloe-Vera juice is also used internally for medicinal purposes. It can be used to soothe the pain from ulcers, heartburn, and an irritated esophagus. However, when purchasing a juice for drinking be sure that it contains 98% aloe Vera and avoid products that list a loin or aloe-emodin on the label. Aloe-Vera juice can also be used internally to aid digestion. The plant has about 200 biologically active compounds including vitamins, enzymes, minerals, and amino acids and these compounds all work together synergistically to aid in digestion and bowel function.

ADULT SABBATH SCHOOL LESSON NO 10

Quarter 1 Theme:- Rebellion and Redemption

Topic:- Paul and the Rebellion

Memory Text: “When the perishable has been clothed with the imperishable, and the mortal with immortality, then the saying that is written will come true: ‘Death has been swallowed up in victory’” (1 Corinthians 15:54 NKJV).