

## FUNDAMENTAL BELIEFS

- ◆ God our Creator.
- ◆ Jesus Christ our Saviour.
- ◆ The Holy Spirit our Comforter.
- ◆ The regeneration and the new birth through the acceptance of God.
- ◆ The Bible – the inspired Word of God – our Guide.
- ◆ The literal, personal, and imminent return of Christ.
- ◆ The Ten Commandments and the example of Jesus as our standard of conduct.
- ◆ The seventh day of the week as God's Sabbath, from sunset Friday until sunset Saturday.
- ◆ The gifts of the Holy Spirit to the Church.
- ◆ Healthful living, remembering that our bodies are the temples of the Holy Ghost.
- ◆ The mortality of man and resurrection of the saved to eternal life at Christ's return.
- ◆ The ultimate final destruction of sin and the wicked.
- ◆ Baptism by immersion.
- ◆ Observing the ordinance of Humility and the Lord's supper.
- ◆ The return of one-tenth of our income to the Lord.
- ◆ Support of the Gospel by willing missionary service and gifts as the Lord prospers us.
- ◆ Avoiding worldliness in our deportment, recreation, attire, conversation and social relationship.
- ◆ Justification by faith through Jesus.

### Scriptural Reading Of The Week:- Judges 7

Thirty-two thousand soldiers were called but only three hundred were ready to respond. Fear alone reduced the army by 22,000. So what about the remaining 10,000? They were given a simple test regarding how they drank water from a stream. Only three hundred men cupped the water in their hands, bringing it up to their mouths so they could keep their eyes on the movements of their enemies. They were the ones whom God chose to go with Gideon.

All 32,000 that first responded were supposedly fearless. Were some physically unfit for battle? Did they secretly doubt God's ability or willingness to deliver Israel? When the 10,000 had been given a second option to leave and also go back home, they decided to stay with Gideon. Why then did they fail the simple test of how to drink water when thirsty? What was uppermost in their minds?

What about us? What is our most urgent concern? The here and now or our connection with Jesus? The great final conflict of earth is just before us. Many are invited, few will be ready. Will you be prepared?

Brennon Kirstein, Chaplain

Southern Adventist University

Do you know or meet people who ask questions about our faith? Would they be willing to have somebody from our church visit them to discuss these questions? If they do, please give their names, telephone numbers and residential address to the **INTEREST COORDINATOR, Sr Victoria Mweemba Cell - +260-977- 476034**

If you know of someone who's ill, someone who wishes to enquire into Adventist beliefs & practices, wishes to join the baptism class, have a useful suggestion, PLEASE LET THE ELDERS KNOW. If you desire to transfer membership, CONTACT THE CLERKS, or in the space below, sign, detach and place in the offering basket.

Name:

\_\_\_\_\_

Address:

\_\_\_\_\_

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OPPOSITE KITWE CENTRAL HOSPITAL MAIN ENTRANCE



# FREEDOM PARK CHURCH BULLETIN

## THEME:

“...ALL THE WORDS WHICH THE LORD HATH SAID, WE WILL DO.”

Exodus 24:1-3

## QUARTER 1 SUB-THEME

“I am my brother's keeper” - Gen 4:9

**TODAY: SABBATH No. 07  
20/02/2016**

**MONTH OF STEWARDSHIP  
EMPHASIS**

## SABBATH SCHOOL PROGRAMME: 09:00 HOURS

	TODAY	NEXT SABBATH
<b>SUPERINTENDENT</b>	Sr. V. Mweemba	Sr. R. Mokola
<b>BIBLE READING/ PRAYER</b>	Sr. C. Sinkamba	Sr. N. Mwelwa/ Sr. R. Mokola
<b>HEALTH TALK</b>	Sr. N. Mupeyo	TBA
<b>SPECIAL FEATURE</b>	Br. L. Muwowo	Sr. C. Chinyama
<b>SINGING GROUP</b>	Heralds of Hope	Devine Touch
<b>CHORISTER</b>	Sr. T. Mukonka	Elder Siantale

## MAIN SERVICE PROGRAMME: 11:00 HOURS

<b>ELDER ON DUTY</b>	Elder E. Mwelwa	Elder M. Namiluko
<b>PREACHER</b>	Pastor N. Kasuba	Pastor N. Kasuba
<b>INTERPRETER</b>	Br. D. Mukoto	Elder M. Kasanda
<b>SERMON TITLE</b>	Where is the spirit of sacrifice	TBA
<b>KEY TEXTS</b>	Genesis 22 vs 11-12	TBA
<b>OPENING HYMN</b>	TBA	TBA
<b>OPENING PRAYER</b>	Elder E. Mukonka	Elder M. Mudenda
<b>SINGING GROUP</b>	Heralds of Hope	One Harmony
<b>CHORISTER</b>	Sr. T. Mukonka	Elder Siantale
<b>DEACONS</b>	Br. C. Hamooya & Br. K. Nalishuwa	Br. M. Chisanga & Br. C. Hibajene
<b>DEACONESSES</b>	Sr. Namangala, Sr. Nonde and S. Mwelwa	Sr. N. Mwelwa, Sr. R. Siantale & Sr. Jane Muhongo

## AFTERNOON PROGRAMME FROM 14:00 TO 17:00 HRS

Bible Study: Man– God's Workman

### MEETINGS.

• NEXT CHURCH BOARD:	25 February 2016
• NEXT BUSINESS MEETING :	13 March 2016
• NEXT DISTRICT COUNCIL:	3 April 2016

## ANNOUNCEMENTS

1. Sr. Mukonka lost her sister in Livingstone last Sabbath. Let us pray for the Mukonka family and visit them
2. Sr. Liyungu lost her sister in Lusaka last Sabbath. Let us pray for the Liyungu family and visit them
3. Child dedication takes place today.
4. We are all requested to contribute towards construction of the district pastor's house. The house has now been roofed and we need to fit the inside materials and erect boundary wall
5. Elder E. Mukonka is the District Vice Chair and Elder M. Mwelwa is the District Secretary
6. Pathfinder Camporee will take place in Musofu from 10-16 April 2016. Registration fee is K50 and should be paid by 15 March 2015.
7. Pastor Kasuba, our District Pastor, is conducting visitations this whole month. All members are requested to register their names for visitation.
8. Between now and June 30, we are all urged to contribute a minimum of K200 to erect steel structures for the main arena for this year's camp meeting.
9. Vacation Bible School will be held in August 2016. Fee is K100 per participant. Deadline for payment is April 2016.

## REGULAR REMINDERS

1. **DAILY SCRIPTURAL READING.** Today's reading is Judges 13. Tomorrow Judges 14 and so on.....please join the reading journey today.
2. All first Sabbaths in a new quarter are dedicated to prayers and fasting. To this end, the next such day will be 2nd April, 2016.
3. Parents should sit with their children during main service & accompany them when going to the toilets.
4. Members should not take benches/chairs out of church building during Sabbath School Classes. All chairs gotten during lunch and departmental meetings should be brought back.
5. Cellphones should be switched off during church service
6. The FPC Bulletin can now be accessed on Church website displayed on the front page of the bulletin. **Please take note that only emergency announcements will be received on Sabbath. Send all your announcements to admin@freedomparkesda.org; Jolezyams@gmail.com or send SMS to +260-968-682951 or +260-969-632602**
7. All worshippers to remain seated after the Main Service until ushered out by the Deacons
8. Articles/Testimonies are invited from all members for inclusion in the Church Newsletter. All those with articles to see either Eld Namiluko or Sr. Sinkamba.
9. Remember to collect your tithe envelopes from the treasurers. Please indicate details such as your SS class, and cell number for easy location
10. All visitors to fill in visitors cards distributed during main service and put them in the offering basket. Visitors are also requested to remain behind for 5 minutes after the main service to meet the Interest Coordinator and the Elder on duty.
11. All are encouraged to borrow church books from Publishing Department for studying. Those interested to see The Publishing Team or Elders.

## QUOTE OF THE WEEK.

### **The principles of Stewardship**

Are we as individuals searching the word of God carefully and prayerfully, lest we shall depart from its precepts and requirements? The Lord will not look upon us with pleasure if we withhold anything, small or great, that should be returned to Him. If we desire to spend money to gratify our own inclinations, let us think of the good we might do with that money. Let us lay aside for the Master small and large sums, that the work may be built up in new places. If we spend selfishly the money so much needed, the Lord does not, cannot, bless us with His commendation. CS, 111)

## CHURCH BUILDING CORNER

If you made a Pledge in 2015, you are reminded to fulfil it. Remember the pledge is to the Lord and not to the church

## STEWARDSHIP CORNER

### **Offering: Church Budget**

1 Samuel 15:22, 23: But Samuel replied: "Does the Lord delight in burnt offerings and sacrifices as much as in obeying the Lord? To obey is better than sacrifice, and to heed is better than the fat of rams. For rebellion is like the sin of divination, and arrogance like the evil of idolatry. Because you have rejected the word of the Lord, he has rejected you as king."

It didn't take long for Saul to change from someone of the "smallest tribe of Israel" and "the least of all the clans of the tribe of Benjamin" (1 Sam. 9:21) into someone who set up "a monument in his own honor" (15:12) and have his own interpretation of God's directions. Samuel asked him, "Why did you not obey the Lord?" and Saul answered, "But I did obey the Lord!" Today we came here to worship God in different ways, one of which is by giving our offerings. Before we give our offerings to God, perhaps we need to pause for a moment to examine our attitudes. Are we placing the right emphasis on obeying God's Word? Is giving a generous offering a way of excusing our lack of kindness toward others? Like buying gifts for our children instead of spending quality time with them?  
Appeal: Let us submit to God's ways instead of our own Prayer: May our hearts be always turned to You to listen to Your voice, God, to obey, and then to give!

## HEALTH CORNER

### **Eating Habits**

Bad eating habits are injurious to our bodies. It is important to have three main meals without anything in between, broken down as heavy breakfast consisting of two cereals of say rice and jungle oats mixed with peanut butter, dried fruits and honey to replace sugar, for lunch Nshima with a protein and vegies, for supper, fruits, nuts and say toasted bread eaten around 18 hours. It is not healthy to take a heavy meal for supper because your digestive system is supposed to rest with other organs. Taking a heavy meal can cause bad dreams, fatigue and even death.

## ADULT SABBATH SCHOOL LESSON NO 8

Quarter 1 Theme:- Rebellion and Redemption

Topic:- Comrades in Arms

Memory Text: "And they said to one another, "Did not our heart burn within us while He talked with us on the road, and while he opened the Scriptures to us?" (Luke 24:32, NKJV).